

NEWSLETTER



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PRINCIPAL'S NEWS

Dear Parents

Our second group of children are presenting for First Eucharist this Sunday, 9am in St Cecilia's church. Congratulations to all the children and to their parents who have prepared them for this beautiful sacrament. A prayer for parents of first communicants-

***Lord Jesus Christ, in the Sacrament of the Eucharist
You left us the outstanding manifestation of your limitless love for us.***

***Thank You for giving our child the opportunity to experience this love
in receiving the Sacrament for the first time.***

***May your Eucharist presence keep him/her ever free from sin, fortified in faith,
pervaded by love for God and neighbour, and fruitful in virtue,
that he/she may continue to receive You throughout life and attain final union with You at death. Amen***

Today all families would have received an invitation to attend the Opening and Blessing of our new school buildings which will be held Friday 25th June 10.30am. Fr Vince Casey (Diocese of Broken Bay Vicar General), Br Tony Whelan (Director of Schools), Mrs Jean Hay (Mayor of Manly) and Mr Mike Baird (State local government member) will be attending. The "Liturgy of Blessing" and the "Opening Ceremony" will be held in the playground. For catering purposes please advise the office of your attendance!

The Golf Day buzz is on again. Teachers and parents are busy discussing all the possibilities for fabulous pieces of art work to be auctioned on the night. Thank you for the silent auction donations so far received in the school office. Themes for donations are for Kinder-Kids Central, Year 1- Body Bliss, Year 2- Relaxing Lifestyles, Year 3- House and Garden, Year 4-Come Dine with Me and for Year 5/6-Wine Sommelier.

Have you ever wanted to play a game of golf but were feeling a little nervous stepping onto the green! Why not ask a friend to join you and come along to the Golf

Day clinics. Beginners welcome! Just return tear off slip to the office.

Semester 1 reports will be sent home with children next Wednesday 23rd June. An explanation of the "Three way Interview" process will be attached as well as a form to select dates and times for interviews which will be held in Week 11 the last week of school. Interviews may be held before or after school.

The first of the Eagle Tag gala days was held today. The Year 3/4 children looked very smart as they set off to play in the new sport representative top. Just a reminder borrowed tops need to be washed and returned, labelled with child's name by Friday June 18th. If parents wish to purchase a top please send \$25 in an envelope to the office with child's name clearly marked.

Our final prayer assembly for this term will be held on Tuesday 29th June in the church commencing at 2.45pm. Please note change of day and date! Year 3 will lead us in prayer. The Term 2 core value awards for Justice will be presented at this assembly. All parents are welcome to attend.

Omnibus Glorificetur Deus
In all things may God be glorified.

Mrs Suellen Garey
Principal

RELIGIOUS EDUCATION

YEAR 2 RELIGIOUS EDUCATION

The Year 2 students are continuing their Religion unit "Stories About Jesus." The children have heard many stories about Jesus' life and ministry and have especially been focusing on the story of Jesus feeding the 5000 people. Jesus is God's Son who came to tell people about the Kingdom. Stories about Jesus' spoken words and actions help us to come to know The Bible shows Jesus using miracles and telling parables as a way of assisting people in understanding the 'Kingdom of God'.

Mrs Church Religious Education Coordinator

FROM THE PARISH

QUESTION OF THE WEEK

"If any want to become my followers, let them deny themselves."
Luke 9:23

It is not ourselves that are the problem: it's our egos.

Children: "When I think of others before myself, am I being like Jesus?"

SCHOOL NEWS

TERM 2 DATES

June

Thur 17 Yr 5/6 Gala Day
Sun 20 First Communion
Fri 25 10.30am Blessing & Opening of School Building
Tues 29 Final Prayer Assembly 2.45pm

July

Fri 2 End Term 2
Mon 19 Beginning Term 3
Thur 29 Marana Music Festival

To St Cecilia's families

The Principal and staff of St Cecilia's Catholic School, Balgowlah cordially invite you to attend the opening and blessing of our new school building on Friday 25 June 2010 at 10.30am

The opening will be followed by morning tea.

For catering purposes please complete the tear-off at the end of this newsletter and return it to the school office



ST VINCENT DE PAUL WINTER APPEAL – JOLLY JUMPERS

The Student Representative Council have decided that they want to collect jumpers to give to the St Vincent De Paul Winter Appeal. The SRC is asking all families to donate a new jumper for either a child or adult. Donations of jumpers that families no longer use will also be accepted at school. All donations are due at school by 25 June.

Student Representative Council and Mrs Church

COMMUNITY PRAYER

We will gather to pray as a community for the last time this term next Tuesday 22 June at 9:10am in the Parish meeting Room. We will be exploring the

Sunday scriptures for the 13th Sunday in Ordinary Time. Come pray and reflect with us.

Mrs Church Religious Education Coordinator

STAGE 3 MATHEMATICS CHALLENGE

The Stage 3 students involved in the Community of Schools project have now completed their four problems and their work has been submitted and marked.

The aim of the Mathematics Challenge was to encourage and foster:

- a greater interest and awareness of the power of mathematics
- a desire to succeed in solving interesting mathematical problems
- the discovery of the joy of solving problems in mathematics

Each of the students involved has expressed that they found the experience stimulating and rewarding. The interaction with children from other schools and the opportunity to be taught by a 'real' High School Maths teacher provided the students with wonderful learning opportunities and the mathematical interaction that took place was invaluable.

Mrs Church

READ WITH ME

Congratulations to the following readers:

CLUB 75: N Smyth (175)

LIBRARY

As the end of term approaches, I would appreciate all Library books being returned to school. A number of children have outstanding loans. Please check for all books with the St Cecilia's barcode. Thank you.

Mrs Tyte, Teacher/Librarian

UNSW COMPETITION

The ICAS Spelling and Writing Competition will be held on Tuesday, 22 June. Practice sheets are available at www.eaa.unsw.edu.au/prepare

P&F NEWS

P&F DATES

Fri 25 June: Blessing and Opening of School Building
Thurs 12 August P&F Executive Meeting
Thurs 26 August: Annual Golf Day/Dinner
Tues 7 September P&F General Meeting



P&F NEWS

As the term comes to an end and all our parents take the opportunity to gather socially, please consider taking along our Harp Bucket to raise some funds for Karuna.

Now, I think it is 10 weeks and counting until G day. Classrooms are busy with artwork and hopefully filling up with donations big and small. Please ask your classes Golf Team if you can help in anyway.

Lisa



crunchcafe@gmail.com

Last chance for **SCHOOL CANTEEN DAY** posters! Our winners will be announced on Friday. To celebrate School Canteen Day the Crunch Café will be selling **Jelly cups** at morning tea this Friday, only 50c each.

The official opening of the school next Friday, **June 25th** will be celebrated with a **sausage sizzle** provided by the Crunch Café for all St Cecilia's children. Helpers are needed from 12.00pm to cook and serve sausages. If you are able to help please let Mrs. Walmsley in the office know.

Roster for Next Week

Mon 21 June: T Cameron, M Smyth
Wed 23 June: O Fisk, P Ferry
Fri 25 June: M Tetley, K Rienecker



GOLF DAY DONATIONS COME POURING IN

A huge thank you for all the golf day donations that are now starting to fill the donation boxes. We are stock piling some wonderful items including family passes to Wildlife World and Sydney Aquarium as well as beauty gift vouchers, books and home-wares. Thank you for your generosity. A special mention and thanks go to the Delany family for a one year platinum full I.Q.2 Foxtel subscription and Dr Peter Smyth at LifeSmile Dentistry Seaforth for a Zoom Teeth Whitening package. All class donations can be placed in the donation boxes located in the classrooms while general donations (including alcohol and scratchies) should be handed into the Office

If you have any questions please contact R Gazzard or M Smyth.

Golf Committee

YR 2 PARENTS NIGHT OUT

Please come along to Manly Wine Bar (formerly Will and Toby's) next Wednesday 23 June after 7pm for a catch up before end of term.

YEAR 5/6 TERM 2 GET TOGETHER

Reminder: Ten Pin Bowling on Saturday 19 June from 4.30pm – 6.30pm at the AMF Bowling Dee Why .

MR HIGGINS BACKYARD WORKING BEE

Thank you to the Housego, Eaton, Laird, O'Connor, Carmody, Lovell and Bryant families from Year 2 for their terrific work on Saturday in clearing Mr Higgins' backyard, ready in time for the vegetation collection.

Your Child's Education

How much funding does your child receive in Government grants?

Government expenditure per school student

Student in NSW government school
= \$10,162

(NSW Auditor General Report)

Student in NSW Catholic systemic school

= \$7,299

(CEC audited financial statements)

Difference

= \$2,863

Council of Catholic School Parents

Advocacy and Support for all parents

www.cbsp.catholic.edu.au No 5

COMMUNITY NEWS

NSW HEALTH PARENTING WORKSHOPS

- Triple P (Positive Parenting Program: 7wks/2.5 Hrs
 - Communicating with Kids: 6wks/2.5 hrs
 - Communicating with Teens: 5wks/2.5 hrs
- Workshops for Parents – 2.5 hours
- Teens Workshops Dealing with Teen's Back Chat
 - Understanding Your Toddler and Discipline
 - Bully Busting Workshop
 - Transition to School
 - Transition to High School
 - Triple P
 - Resilient Kids

Phone 9887 5830 for further information.

BABYSITTING

Ex-student available anytime. Contact E Speer. S Brown reference.

CAMP AUSTRALIA SCHOOL HOLIDAY FUN

See Shelly at after school care for details or visit www.campastralia.com.au. If there are 15 confirmed enrolments holiday care will be available to students at St Cecilia's.

ASTHMA FRIENDLY SCHOOLS

Winter asthma warning!

Statistical research from Asthma in Australia 2008 reveals that hospital admission rates for asthma are highest for children in the month of May. Winter is a time of increased exposure to major asthma triggers such as cold air, colds and 'flu and indoor allergens such as mould, mildew, pet dander and dust mites. In children, viruses are the most common trigger for asthma with the common cold being a trigger for approximately 80% of asthma attacks. Schools and preschools can be well prepared through up-to-date Asthma First Aid training. Our training will also equip staff to encourage best practice asthma management for their students with asthma, which in winter includes:

- Students with severe asthma should see their doctor for a 'flu vaccination
- Always carry their reliever medication
- Continue to take their preventer medication regularly
- Have a current Asthma Action Plan to guide the management of their asthma. This requires visiting a doctor to develop the plan with the student, tailored to their needs
- Avoid exercise if they have a cold or 'flu or are unwell

Staff also need to:

- Know what to do in an asthma emergency
- Ensure parents/carers are informed of any asthma incident

Signs and symptoms of asthma

The symptoms of asthma will vary from person to person and may vary for the same individual, but the most common symptoms are:

- Shortness of breath
- Wheezing
- Tight chest
- Persistent cough

Other symptoms may include:

- Behaviour changes
- Rapid breathing
- Difficulty talking
- Distress / panic / anxiety
- Blue lips
- Pale and sweaty
- "Sore tummy" in young children
- Sucking in of skin over chest / throat

Frequently asked questions

What do I do if a student's asthma plan has an asthma first aid response that is different from the standard 4 x 4 x 4 procedure?

Time is critical for all asthma attacks - if the student's Asthma Action/Care Plan is not easily accessible, trained personnel should follow the national 4 – STEP Asthma First Aid protocol.

Always follow the student's written Asthma Action/ Care Plan (if easily accessible). This should be signed by a health professional and provides you with information on the student's individual asthma emergency plan. The number of puffs required may vary between students as Asthma Action/Care Plans are specifically tailored to the individual's symptoms and the severity of their asthma.

Can I overdose a child on reliever medication?

No. The asthma blue reliever medication is extremely safe (ambulance paramedics use this too) and you cannot overdose with this medication when following the 4x4x4 procedure. There can be side effects from the use of blue reliever medication. These include raised heart beat, hyperactivity, shakiness or headache and these side effects usually subside quickly. If any side effects distress a student, reassure them that this is a normal reaction and will disappear shortly.

If at any time in performing asthma first aid you are concerned, phone an ambulance. Always observe the person with asthma after an attack.

TEAR - OFF

GOLF DAY CLINICS



If interested in attending the Golf Day clinics please complete and return to the school office.

Name: _____

Contact Number: _____

Blessing and Opening



Friday 25 June 2010
10.30am

Family Name: _____

No of people attending: _____

Please complete and return to the school office by Friday 18 June 2010